

# June 2025 Breakfast Menu

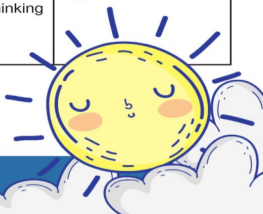
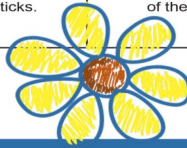
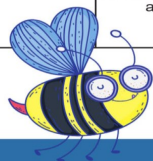
Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal or Cereal Bar String Cheese Fruit	3 PB&J Uncrustable String Cheese Fruit	4 Breakfast Sandwich Fruit	5 Pop-Tart Yogurt Fruit	6 Breakfast Cookie Fruit
9 Cereal or Cereal Bar Hot Oatmeal Yogurt Fruit	10 PB&J Uncrustable String Cheese Fruit	11 Chicken Bites Waffles Fruit	12 Pop-Tart Yogurt Fruit LAST DAY OF SCHOOL!!!!	13 NO SCHOOL

## 28 Days of Activities

<b>DAY 1</b> Create a journal with your child or use the last one to record each days activity. They can decorate the front page.	<b>DAY 2</b> Try to build an object that moves if you push it and then test it outside. Ex. A car made of tissue box or a rolling toilet paper roll.	<b>DAY 3</b> Bring paints outside and search for a beautiful flower or scene. Paint the flower or scene.	<b>DAY 4</b> Go outside and find a tree, bush, or flower. Then, make up a story or words or pictures about something that lives there.	<b>DAY 5</b> Make popscicles or your own DIY freezies. Freeze toys or object that won't be damaged in ice for Day 7.	<b>DAY 6</b> Build a fort outdoors or indoors. Then, read or look at books with a flashlight in the fort.	<b>DAY 7</b> Dig out the toys or items that you stuck in the ice from Day 5.
<b>DAY 8</b> Have a picnic in your backyard, park, or on your living room floor.	<b>DAY 9</b> Beach Day! Drive to the beach OR play with the sprinkler or paddling pool in the backyard.	<b>DAY 10</b> Pretent to go camping and set up a tent in the backyard or in your house. Plan a fun camping snack.	<b>DAY 11</b> Collect leaves. Then, go online and identify them at home in your journal. Little kids can just glue them in the journal.	<b>DAY 12</b> Make a treasure chest out of recycling.	<b>DAY 13</b> Make Animal Rocks. Paint rocks to look like animals or glue on small rock ears, stick tails and paint eyes and a nose!	<b>DAY 14</b> Make a summer salad to eat. Kids cut the veggies themselves (w/ supervision). But-terknife for younger kids
<b>DAY 15</b> Sidewalk Chalk! Fun! Older kids can create a cartoon with the chalk outside.	<b>DAY 16</b> Make a flower or a leaf crown.	<b>DAY 17</b> Go for a bike ride! Make sure you have materials for a bird feeder on Day 24.	<b>DAY 18</b> Collect leaves. Then, put a paper on top of one. Then, use a crayon to brush over the leaf making a leaf design on the paper.	<b>DAY 19</b> Make wands our of sticks. Decorate them with strings wrapped around them	<b>DAY 20</b> Play with water balloons. Create a waterballoon toss, have a waterfight, see how high you can throw it before it pops.	<b>DAY 21</b> Paint inspirational messages and pictures on rocks. Then go on a walk and put them somewhere in the neighbourhood.
<b>DAY 22</b> Make a boardgame like tic tac toe out of natural materials.	<b>DAY 23</b> Body Painting. In a swimsuit, paint fun pictures on your legs with washable paint. Then wash off outside!	<b>DAY 24</b> Make a Bird Feeder.	<b>DAY 25</b> Wash the car!	<b>DAY 26</b> Make nature designs and pictures with leaves, rocks, flowers, and sticks.	<b>DAY 27</b> Send 5 letters to friends and family to tell them your thinking of them.	<b>DAY 28</b> Make a Bug Hotel using natural materials.

Connect and share your activities and stories by tagging  
**@borntobeadventurous on Instagram**  
 or messaging  
**@borntobeadventurous on Facebook.**

www.BorntobeAdventurous.com



### Sweet Home School District

Breakfast is free to all kids in our district! We will be serving breakfast before school in the cafeteria. If you are unable to get breakfast at that time then we will make sure you receive a breakfast, just ask your teacher or the secretary.

### \*AVAILABILITY\*

- We make every effort to have all menu items available each day. However, due to forecasting, cost controls and efforts to control waste, some items may not be available when your child makes their selection. There is ALWAYS an alternate choice available. We apologize for the inconvenience.
- Fresh and/or canned fruit/veg, low-fat and non-fat milk are available with breakfast each day.
- Offer VS Serve is the meal pattern we adhere to. This means that each child must take 3 of the 4 items offered (one of them must be 1/2 cup fruit/veg) to make a reimbursable meal.

\*This menu subject to change upon availability\*

This Institution  
is an  
equal  
opportunity  
provider



Milk is offered  
Every day!

