2024 SHHS Fall Athletics

<u>All practices will begin on August 19th, 2024</u>

All Athletes MUST be registered on ArbiterSport to participate.

<u>Football</u>

Monday - Friday - 6:00 - 8:00 am - Weightlifting @ High School Monday, Wednesday, and Friday - 4-7:00 pm - Practice @ Husky Field Tuesday, and Thursday - 4:00-7:00 pm - Practice @ High School Field

Cross Country

Monday, Wednesday, and Friday - 8:00 am-9:00 am @ Husky Field

Girls Soccer

Monday – Friday – 8:00-10:00 am @ Husky Field Tuesdays & Thursdays – 5:00-7:00 pm @ Husky Field

<u>Boys Soccer</u>

Monday – Friday – 9:30-12:00 am @ Husky Field

<u>Volleyball</u>

8:00 - 11:00 am and 5-7:00 pm Monday, Wednesday, and Friday 8:00 - 11:00 am Tuesday and Thursday

<u>Cheer</u>

Schedule is posted on the Band App. For more information check them out on Facebook @ Sweet Home Cheerleading

<u>Dance</u>

For more information please email HuskietteDance@gmail.com