

SWEET HOME HIGH SCHOOL

ISSUE 2 VOLUME 82

JANURARY 27, 2022

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Main Street's Revival

of Sweet Home. The bustle of this small town has been show- small business owners are hitting a wall. COVID has cased on that beloved highway. As a town, we have been made onsite employment more difficult, and this has seeing an increase in empty buildings. It almost makes been a problem for brick and mortar businesses; things feel like a ghost town after looking through a window simply finding employees can be frustrating. Anothand seeing stained tile and rotting echo chambers of rooms. er issue from COVID is the tourist industry. Although However, as of late our population and residency has sparked Sweet Home may not be a tourist destination, many a fire. These buildings may not be empty for much longer. of our businesses rely on tourist traffic. We are the

feel much more promising. Just in the past 2 years, even the tourist industry gets back on its feet, it may take with COVID, Sweet Home has had a residential boom. a while for Sweet Home to reap those benefits. De-There have been more than 80 brand new apartments ap- spite the COVID bad news, our population is growing proved and built, which means more people and business. and is a healthy mix of young families and retirees.

Since its founding, Main Street has been the epicenter However, there have been negatives. Due to COVID, After talking to Economic Director Blair Larsen, things gateway to the Cascades and Eastern Oregon. Until

> As we know, people love small towns. The closeness, the availability, the community, everything that comes with it. The biggest question concerning our economy is, "what can we do?" The great thing about being here is we can put forward what we know best; Community. We can reach out to these businesses and support them financially. By choosing to shop local, we form connections and bonds. There are so many positives as well. Brand new comfortable housing being built, new doors are being opened, and the small town sparkle is returning to Main Street. Our seemingly dying epicenter is getting revamped, and we should all be excited for what the future holds.



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Need Dating

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The Perfect Partner



BY: JENNA WOLTHIJIS

With Valentine's Day right around the corner, you may be thinking about asking a special someone out. Relationships at this age can be fun and often prepare us for future relationships and possibly marriage! Asking someone out can be super scary, but sometimes you just have to take your shot. Twenty of our peers have been interviewed for this article, and from the results, it may not be as scary as you may think it is.

The first question that was asked of them was, "How would you prefer to be asked out?" Based on the results, it is clear that being asked out over text is not what people want. Typically, if you like someone, you hang out with them often enough that you should be able to ask them out in person. It is also important to not beat around the bush or be awkward; be straightforward and clear in what you say and want. Make sure a friendship has formed between you and the person so that you feel comfortable with the idea of them being your significant other. Don't go asking out people you know nothing about.



Asking someone out is only the first step in a relationship,
but having a healthy relationship often takes work from both partners, not just one. This brings us to the second question, "What is the sweetest thing that a significant other can do for you?" For guys, most of them just want you to spend time with them. This may include going on a drive, hiking with them, going on little adventures, and just showing that you care about them. Girls appreciate when guys remember little things, like their birthdays and one girl even said that her boyfriend at the time remembered she got cold easily and he would bring an extra jacket for her. Girls also enjoy when their significant other writes a love letter.

Often as the relationship grows stronger, it is important to have days when you do something special with your partner. The next question was, "What is your ideal or dream date?" Driving to a secluded location or going on walks and having deep conversations was a popular answer. One girl said, "Don't take me to the movies." She went on to explain that getting the chance to talk and learn more about them is more interesting than watching a movie. Others suggested going mini golfing or laser tagging, and one boy said, "Something really crazy or adventurous like bungee jumping or white water rafting." Often these dates create lasting memories and keep the relationship strong. Make sure your partner will be comfortable with whatever date you come up with!

The last question was, "What do you look for in a partner emotionally?" Communication is really important in any relationship. Being open and honest creates trust and a deeper understanding between you and your partner. Giving emotional support is also incredibly important, especially when your partner is going through some hard times. Kindness to others is also something that many look out for. A successful relationship also needs respect between both partners.

Don't be scared to put yourself out there and ask that special someone out this coming Valentine's Day. You will never know what could happen if you never ask. If in the end the relationship doesn't work out, you know what you are looking for in your next relationship. So take your shot, because you will miss 100% of the shots you don't take.

Intercalary of February

BY: IVY DEWITE

What is a leap year? A leap year is an intercalary or extra day added to the end of the shortest month, February. February, having only 28 days, is granted with the addition of an extra one every four years. When February has 29 instead of 28 days, it makes a 366 day year instead of 365. This may seem like strange sort of arrangement, but it is here for a reason.

February 29th comes once every four years; this is done so that our calendar synchronizes with the Solar System's year. In other words, the length of time it takes Earth to orbit around the Sun. Usually our calendar, the Gregorian calendar, consists of 365 days, but since it takes 365 days and a quarter to orbit around the sun, every four years there is an extra day added. Without the consistency of a Leap every 4 years, our calendar would for one; would not line up with the Solar System's year, and for two; the seasons would be off. Without Leap Year, 6 hours would be lost each year, and in just 100 years, the calendar would be around 24 days off compared to the Solar System. In time, our winter months would be taking place in spring, and eventually summer. The importance of Leap Year should be recognized not only for its job of keeping our calendar synchronized, but for its history as well.

Calendars similar to our current one have been around since 46 B.C., with the oldest known calendar being the lunar calendar. From this, many more calendars were created, one being the Roman calendar, also known as the Ju- CONTINUED ON PG 6

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How You Can Study Stronger

BY: SAMUEL ADAMS

Studying regularly, or even just for tests, is becoming increasingly uncommon. One of the main factors contributing to this is the difficulty and frustration of studying, but this does not have to be true. Studying tiny bits of information every day with good tools, a good attitude, and a good plan prevents the difficulties associated with studying. These difficulties normally arise when someone is in a bad mood and cramming the night before a big test, or lacking the right tactics and resources. Here are some great tricks, tips, and facts to help prevent this, so that you can study stronger.

Sometimes people can't remember the information they study because the way they study doesn't work. Some people try to repeat information over and over to help them grasp a subject, but it isn't effective. According to Cold Spring Harbor Laboratory Press, it is hard to remember sets of information that don't have any connection to anything. Sets of information can easily be confused with others or forgotten if they are not thoroughly understood. Comprehension is the key to remembering and learning. It is crucial to understand the information and how to use it, not just the name of the term and a quick definition, or it will not be understood well enough to use. There are many ways to improve comprehension and memory. Instead of cramming before a test, study for half an hour and then stop for the day or take a break to rest and eat some healthy snacks. Do this every single day. Another way to improve memorization is to study more on paper or use a Do Not Disturb setting on devices to improve focus. The Do Not Disturb setting silences unimportant notifications from things like social media or games. Talking to knowledgeable people like teachers about the topic helps comprehension, and setting aside specific questions to study can also help.

Having good study tools and habits is only half of the picture. Having a good attitude greatly increases the chances of success. That may sound cheesy, but according to South Florida University, you have a much greater chance of memory retention if you are in a good mood. Trying to study in a bad mood or being upset about it decreases memory and focus. It is best to find a calm, happy time and place to study. It is also important to realize the benefits of studying and how it can prevent future frustrations, instead of the inconvenience it causes. Confidence can also affect memory retention. If you see yourself as intelligent and able to learn, it is proven that you are more likely to do so. Greater expectations increase your chance of success, so don't limit yourself!

After finding a good schedule and developing a good attitude, the next thing to consider is how to most effectively study the material needing to be learned. Each subject requires different study techniques. For math, the answer is laid out for you already: homework! Solving problems of the same subject, but with different numbers, can help you learn. Don't be afraid of asking a teacher or peer for help with parts you don't understand. In language classes, it is crucial to read that language often, and use assignments and



practice tests to see what has been learned and what still needs to be worked on. Another fantastic way to study a language is writing important vocabulary words and other things on flashcards so that they can be reviewed during your study time. Buying a stack of notecards from the store is one option, but another choice is online flashcards like quizlet. It is really important to communicate with teachers be-

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COMMEMORATING BLACK HISTORY MONTH: A BIOGRAPHY OF MALCOLM X

BY: FAITH BAKER

Malcolm X was a strong and influential activist who was famous for his slogan, "by any means necessary," which he used for Black Americans against white supremacy. His strong ideologies led Malcolm X's legacy into a controversial state where it is often debated whether his activism was a positive or negative influence. However, unlike some non-violent activists, Malcolm struggled growing up poor and faced a lot of challenges early in life that are important to remember.

On May 19th, 1925, Malcolm X was born Malcolm Little in Omaha, Nebraska. At a young age Malcolm lost his father, and his

mother was institutionalized shortly after. Because of this, he and his siblings were raised in the homes of relatives, or foster homes. Despite doing well in school Malcolm battled against racism, predominantly from teachers. In the eighth grade Malcolm dropped out of school and moved in with his older sister Ella in the Roxbury section of Boston, Massachusetts. Malcolm started dealing drugs and stealing, and established the name "Detroit Red". In 1946 Malcolm was incarcerated for larceny, and it was during his sentence when his newly-converted brother would convert Malcolm to the Nation of Islam.

The Nation of Islam, or the NOI, is the largest black nationalist group in the UnitedStates. It was founded in the 1930's and has a heavy history of anti-Semitism and bigotry, but combines Islam with black nationalism. Elijah Muhammad was the self-proclaimed Messenger of Allah who led the NOI from 1934 to 1975. He taught his followers that Black Americans were superior to whites, and that whites, because of their connection with slavery, were inherently evil.

While being converted to the NOI, Malcolm changed his surname from "Little" to "X", which was custom in the NOI as they believe that American names originated from slaveholders. Muhammad and Malcolm became close friends and he quickly worked his way to becoming a minister of two of the NOI's temples, one of which he founded himself in Boston. Then, Malcolm became the official Representative of the NOI, appointed by Muhammad. In Los Angeles on May 5, 1962, Malcolm gave a speech under the leadership of the NOI. He stated that "Since the so-called [Black] community has shocked the white man, by resisting all efforts to divide us, I think that you and I should continue to shock him by seeing and working together in unity, despite religious, political, economic, educational, or social differences." In the same speech Malcolm said, "In the past, the greatest weapon the white

man has had, has been his ability to divide and conquer," explaining how black nationalism would help black people unite against white supremists by taking away their greatest tool: segregation.

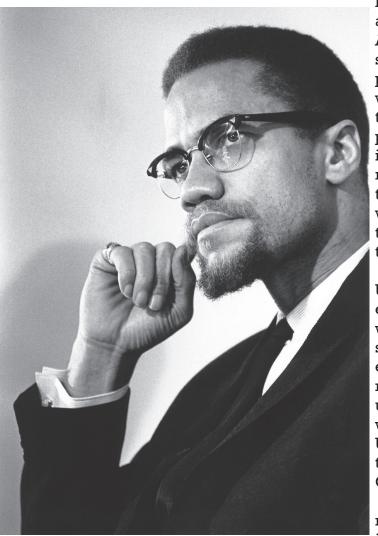
In 1964 Malcolm discovered that the NOI was withholding incriminating information about Muhammad and he separated from the NOI. For a while, Malcolm kept his leave private, but in a paparazzi interview Malcolm revealed, "the real-real reason is that Elijah Muhammad, the leader of the movement, is the father of eight children, by six different teenage girls. Six different teenage girls who were his private, personal, secretary." When Malcolm

left the NOI in '64, he made a pilgrimage to Mecca. In his autobiography, The Autobiography of Malcolm X, Malcolm stated, "There were tens of thousands of pilgrims, from all over the world. They were of all colors, from blue-eyed blonds to black-skinned Africans. But we were all participating in the same ritual, displaying a spirit of unity and brotherhood that my experiences in America had led me to believe never could exist between the white and the non-white." Upon his return to the United States, Malcolm founded the Organization of Afro-American Unity.

The Organization of Afro-American Unity, or OAAU, worked to bring together the non-Muslim African Americans with the people of Africa. Malcolm had a strong change of heart and enforced the ending of the usage of words like "interrogation, and emancipation", words he used to use under the NOI, as it directly went against the ideology of the OAAU. Unfortunately, Malcolm was not able to accomplish much while running the OAAU, because his life was taken early.

On February 21 of 1965, while beginning a speech in the Audubon Ballroom in New York, Malcolm was assassinated at

in New York, Malcolm was assassinated at the age of 39. As part of Black History Month it is important to include Malcolm, whether you support his methods or not, Malcolm was a huge influence for Black Nationalism and the Civil Rights Movement. To many, Malcolm's "by any means necessary" view was the most realistic for America in the late 1960's and it was undoubtedly the most progressive form of activism. It was also much more than a call to violence, it was a call for the black community to organize an independent social and economic system that would give them the power to demand equality. While peaceful protesting did work, it often takes a strong commitment to faith and always takes time to accomplish its goals. Malcolm overcame terrible obstacles and persevered through his suppression in a unifying way, making him one of the most important Black American leaders.



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This Week in History: January 24th-27th

January 25, 1915

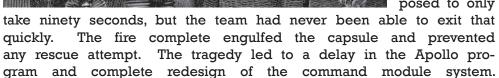
Alexander Graham Bell, inventor of the telephone and co-founder of AT&T, and Thomas A. Watson, previously Bell's assistant, first conversed over telephone on October 9, 1876 over a two-mile wire connection between Cambridge and Boston. Thirty-eight years later, the two, along with current U.S. President Woodrow Wilson, had a conversation on the telephone over a 3,400-mile connection between 333 Grant Ave in San Francisco and 15 Dey Street in New York on January 25, 1915. That day in 1915 marked the first transcontinental telephone call.

January 27, 1967

Originally scheduled for launch on February 21, 1967, Apollo 1 was to be the first test flight in the program that would eventually land a man on the moon. On January 27, 1967, astronauts Gus Grissom, Ed White, and Roger Chaffee were doing a preflight test when a fire broke out and killed them all.

Upon first entering Apollo 1, Grissom noticed a strange odor in his suit after hooking up to the ship's oxygen supply. The crew sampled the suit, but didn't find any problems and continued on with the preflight test, even though the high oxygen flow indicator alarm was periodically sounding. This issue was also brushed aside and the test continued. Shortly after the countdown started at 6:31 P.M., Chaffee casually mentioned that he smelled fire. White,

more urgently, stated that there was a fire in the cockpit. Escape from the ship was supposed to only



January 24, 1984

Ted Bundy was an infamous American serial killer known for having kidnapped, raped, murdered and engaged in sexual acts with the corpses of many young women during the 1970s. He confessed to thirty homicides, but his total victim count is still unknown. Many bodies of his victims were found before his capture, but he was never directly linked to the crimes until 1975, when he was pulled over for a driving violation. The police searched his car and found many suspicious items such as a crowbar, pantyhose with eyeholes cut out, handcuffs, and an ice pick. Carol DaRonch, who was previously attacked by Bun-



dy and taken to his car before escaping from his grasp, had mentioned various items she noticed in her attackers car that were then compared to the items found in Bundy's car when it was searched. The handcuffs in Bundy's car were identified as the ones used on DaRonch and after she picked Bundy out of a line-up as her attacker, Bundy was charged with attempted kidnapping. He was found guilty and sentenced to fifteen years in prison. In 1976, Bundy was charged with the murder of Caryn Campbell after her body was found near Snowmass, Colorado.

Bundy ended up escaping in June 1977, by jumping out a window of a court library during his trial in which he acted as his own attorney, allowing him to move about freely. He was captured three weeks later, but that didn't stop him from escaping one again. In December of the same year, Bundy escaped from prison and rented an apartment near Florida State University. In January of 1978, Bundy killed two women of the Chi Omega sorority of Florida State University, raped one of them and left bite wounds on her, and beat two other women who survived because their roommate came home and disrupted the killing spree.

Once again, Bundy was pulled over and apprehended in February of 1978. He was arrested for driving a stolen car and eyewitnesses identi-



fied him as a man they had seen at the women's dorm and the school of a twelve-yearold girl, Kimberly Leach, who he had kidnaped and mutilated. Physical evidence linked him to the murders, one being a mold of the bite marks Bundy left on one of his victims.

In June of 1979, Bundy went on trial for the murder of the sorority girls, where he was given two death sentences of the electric chair, and in January of 1980 he went on trial for the murder of Kimberly Leach, where he received a third death sentence. Bundy made several attempts to stay his execution by confessing to his crimes, but leaving out some details that he thought investigators would need to solve the cases. He confessed to many murders, some that the police didn't even know about, and said that, "He did not want to give the state the satisfaction of watching him die." At 7:16 A.M., EST, on January 24th, 1989, Bundy was executed by way of the electric chair. Many people cheered and reveled when they saw a hearse take Bundy's body away from the prison.

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Intercalary of February

FROM PG

lius calendar. The Roman's, unlike the lunar calendar, had only 10 months each year. This caused there to be only 304 days in the year. It wasn't until the ruler, Numa Pompilius, that the calendar started

to change into what we now call the Gregorian calendar. Numa Pompilius was a Roman ruler who included 2 more months to the 10 that already existed. These 2 months were known as January and February. January was named after the god of beginnings and transitions, Janus. February originally was at the end of the year, but was eventually changed to be the month after January. Though two months were added to the year, the Roman calendar still was not lined up with the Solar System. This pushed the Romans to have to break their conspiracy of even numbers being unlucky to add more days to the months. Originally, Numa had the months consisting of 28 days. Though the months had been reorganized, there still was a problem with the lineup. Julius Caesar and his astronomer, Sosigenes of Alexandria then came into play and realized that it took about 365 days and a quarter to orbit around the sun. Caesar started to add a day to certain months to try and create a 365 day year. Finally a conclusion was made with the help of his astronomer to add a day to the end of February. Leap days had been known to Romans by then, but there was not a certain day set for the calendar. It was then, that February 29th would take place not every year, because then the lineup of the calendar would be off from the Solar System's once more, but to have it take place every four years. Finally, the calendar was more organized than it had been all throughout history.

In 1582, Pope Gregory and his papal astronomers realized the Julian calendar was just a bit off. The Earth actually takes 365.24219 days to orbit around the sun, not 365.25. That small difference had created a 10 day gap in the calendar after 1600 years, and that was creating a problem for the date of Easter. The Roman Church had set the date for Easter on the first full moon after the Vernal Equinox, or the first Sunday after March 21st. The fix was to only add a Leap Day to February in years divisible by 100, but not 400. Oh, and they had to take 10 days off of that year's calendar. When they put the new Gregorian calendar into effect, they chopped 10 days off of October. This caused rents and wages to be recalculated, and some birthdays and anniversaries

were lost. Riots occurred and some places refused to switch to the new calendar. Eventually, everyone did switch, but the last to do so was Greece in March of 1924, with a skip a 12 days to catch up.

The calendar should be seen as something a little more than just a date keeper or a reminder to what day it is, the calendar is what keeps our holiday and our seasons in line. Without an accurate calendar, we would be lost, and in an unknown time period in which we just go about living with only knowing that the sun rises and sets. The calendar has been a work in progress for many centuries, and continues to still need to be worked on. As accurate as our current calendar is, by 4909, we will be a head of the Solar System's calendar by a day more. Good luck to the future generation of 4909!



How You Can Study Stronger FROM PG 3

cause languages have a lot of small rules and exceptions that they can teach. Saying the words out loud and reading over them frequently with corrections from a teacher will greatly help in learning a language. In social studies, teachers will often supply a study guide, lesson overview, or pretest. After finding the information they

ask for in the textbook and other resources, memorize and study it in depth to prepare for tests.

In science, the first thing they teach is the scientific method. This means that when someone has a question, they should test it to form an answer. Studying science in school requires the same process. Pay attention during labs and activities, then devote study time to asking questions you still have or studying topics that you want to expand on. Forming connections and asking questions can help you thoroughly grasp the unit and feel satisfied with the results.

Some of these techniques require notecards, while others would benefit from notes of some sort. Keeping your study materials tidy and easy to access is very important. As has been mentioned, notecards are an effec-

ing your study materials tidy and easy to access is very important. As has been mentioned, notecards are an effective choice for this. Binders, files, portfolios, and notebooks are good options for places to store a lot of notes. Google docs, sheets, slides, etc., are a good place to write notes online. Making your study area comfortable creates a relaxing, stress-free environment. Decorate it with anything that makes you comfortable and happy. If you can't find a quiet place to work, it would also be a good idea to invest in headphones or earplugs to create a distraction-free environment. Everyone can study effectively, and with little stress. It might seem hard now, but if you use these resources and tips, you can do your work stress-free, and you can study stronger.

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Starting the Second Semester with Motivation

BY: FAITH BAKER

It's easy to lose motivation when school starts so early in the morning and feels so draining, but motivation is an essential part of maintaining high grades throughout the school year. Some people find that the second semester is harder to start than the first because we're already in our apathetic school minds ets and ready for the year to be over. Instead of taking that pessimistic view, take the chance to look at this semester as a new starting point with your grades. Getting started is the hardest part, and once you do get going, the rest of this school year will be easy.

First look at what keeps you motivated. It's a very unique concept, but for most it's the idea of finishing the work that gets you started. Once you're finished with your work you can move on to the next project and stop stressing about the last. The problem with this form of motivation is it can often lead to procrastination. Putting off the project until the last minute because you're "too stressed," or "not motivated enough," is an excuse to continue procrastinating. I say this to myself too, because we all procrastinate from time to time and it is important to make sure not to overwork yourself, but it's also important to focus on your work when it's necessary and not put it off. A key to this is to use your available time in class to get work done. There are many other things motivation can come from such as media, encouragement, and even sometimes fear, so brainstorm on what motivates you.

Staying motivated is a little bit easier than getting started. Inevitably, motivation will come to an end at some point, but I've found that keeping a schedule is the most efficient way to keep it going for as long as you can. If you get into the habit of working on your work every day at a certain time it'll be easier to keep that motivation alive. I don't recommend it being the first thing when you get home from school, however. When we get home we've all been anticipating getting away from school too much to effectively work again. My favorite time to get homework done is before bed, when I am replenished and comfortable. This will definitely look different for other people, so experiment with what works best for you.

Once you've begun your work, limit distractions. Distractions come in a really wide variety, and it's completely different for everyone, but if you feel that you've been working on a project for so long and nothing is being done, then it's time to change your working environment. Also, do not be afraid to ask for help! Plenty of teachers here are glad to help and will be proud that you're reaching out when you need it. If you fall behind in a subject or even multiple subjects, ask for help and do not lose hope. Giving up is the worst thing you can do, remember that even if it seems like a lot of work, it'll all be over eventually and will be worth the effort when you see your grades catch up.

Stop pushing off homework as useless or a waste of time. Even though it doesn't seem like it, finishing high school is a really important step in aligning your future. Try your best to stay caught up with the new semester, and if you find yourself needing help there are people here to help you.



IVAN PAVLOV'S DOGS

BY: SHAYLA SANDERS

Many people are familiar with the concept of classical conditioning, a study by Russian physiologist, Ivan Pavlov. Classical conditioning showed that animals and humans could essentially be "trained" to respond to specific stimuli using a sound or electric shock to signify a reward, which produced the same response whether a reward was given or not. Simply put, it is the famous experiment of-if someone rang a bell then gave a dog a treat, the dog would associate the sound of the bell with the reward and react to the bell in the same way it reacted to the treat, regardless of the presence of food. Anyone with experience in training a dog knows this as "clicker training". Pavlov made a huge breakthrough in the science of psychology with his findings on classical conditioning on dogs, and helped further research of the human brain in doing so. Many people know of the old tale of Pavlov, but do not know about the other experiments he did with dogs and how he abused them. When dogs eat, they have an "unconditional" and natural reflex that causes them to drool. By teaching dogs to associate food with a certain object, sound, or feeling, they would drool without seeing, smelling, or tasting food. Pavlov discovered that unconditional reflexes could be somewhat "trained" to be a "conditional", learned, and unnatural reflex. That discovery was an accident, but it led to the study of classical conditioning from 1890-1930. Pavlov noticed that the dogs would drool when they saw the white lab coats of the people who fed them, even if the people didn't have food, while he was studying the digestive systems of dogs. When Pavlov put his theory into action and experimented with classical conditioning on his dogs, he didn't use a bell because, in order to make research consistent, the conditional stimulus (the "bell") needed to be set at an exact tone, frequency, and length, which cannot be achieved by the ringing of a bell. Instead, Pavlov used buzzers, metronomes, harmoniums, and electric shocks as conditional stimuli. All of that experimenting was done because Pavlov believed that the human mind was, "one of the last secrets of life" and he wanted to study it, using conditional reflexes in dogs. Eventually, Pavlov made a lot of money selling the gastric juices he collected from dogs from 1891 to

1900. By creating fistulas, "an abnormal or surgically made passage between a hollow or tubular organ CONTINUED ON PG. 14

ENTERTAINMENT

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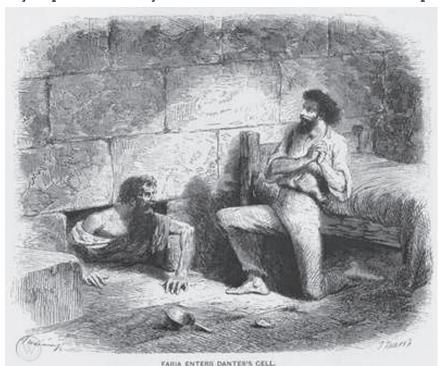
Three Must-Read Classics of Historical Fiction

BY: SAMUEL ADAMS

Over the course of time, more than 130 million books have been written. Books are a common past-time pleasure for many people, offering an escape from the real world. There are plenty of modern books to read and some are fairly good, but none of them beat the old classics that have survived the tests of time. These literary masterpieces remain some of the most loved books in the world. Here are three old-fashioned historical novels ranging in topic from the French Revolution to British colonialism that have captured the hearts of many and that are sure to captivate and entertain you equally as well.

'A Tale of Two Cities' is the most masterful historical fiction novel ever written. It was created by Victorian Era writer Charles Dickens, who adds a sense of realism and gravity to this novel, which he gained from his life experiences. He was a factory worker in the lower reaches of society when he was a boy, and this experience led him to understand the injustice of the world first hand. This book focuses on the inner lives of those involved in the French Revolution and provides insight into the human side rather than the factual side of this historical travesty. A father, his daughter, and their friends are being stalked by the shadow of the French Revolution in London. While in Paris a wine shop owner and his wife prepare to wage war on their country in this riveting story. This book is a favorite for many, as it captures the surreal spirit of the French Revolution. This novel is a must read because it shows a different side of the human spirit in a way that touches the heart of the reader and leaves a lasting impression.

Next up is 'The Count of Monte Cristo' by Alexander Dumas, one of the most emotionally impactful books you can read. Set after the exile of Napoleon, this story loosely touches



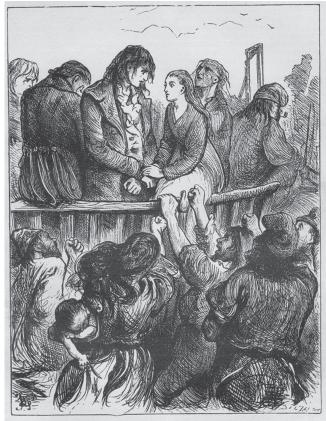
on the long-lasting impact of the French Revolution. For this reason, it is similar to 'A Tale of Two Cities' by Charles Dickens. However, this novel focuses on the philosophy of

human actions and consequences. It covers a long period of time in one man's life, showcasing the ever-changing nature of life in general. The main character is The Count of Monte Cristo, a mysterious man with no known history that shows up in Paris. Upon his arrival strange and tragic events begin to take place in the lives of many of the upper-class citizens. During which, this tumult reveals the dark

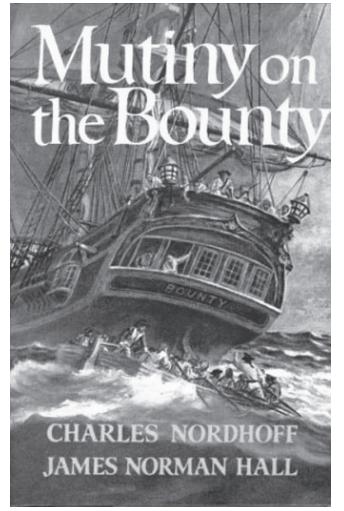
secrets of their rise to power. This book is a riveting classic that contains innumerable plot twists and many moments of touching emotion that take the reader on a ride through some of the darkest and brightest moments of human life. Set in a framework weaved together with great poet-

Ic irony by a masterful author, this book is sure to touch your heart. Last but not least, 'The Mutiny on The Bounty' was written by two friends who published under the pseudonym of Nordoff and Hall. It is set during the British exploration and colonization of the Tahitian islands. This book focuses on the cruelty of Europeans towards their own, while also giving insight to the harsh impact their settlements had on native islanders. It highlights a true mutiny that occurred, with the addition of some artistic license. The main character, Roger Byam, gets caught in the aftermath of a successful plot against the tyrannical captain of the H.M.S Bounty on his way to study the language of Tahiti. He finds himself on a journey far graver than he hoped for, during which he starts to question the laws, morals, and ideals of his home country. This novel captures the realism of each human's capacity of both extreme compassion and extreme cruelty. It is a heart-rending and eye-opening story seen through the eyes of a boy who had to see the falsehoods of his reality and change them in order to become a man. This novel is extraordinarily impactful and raises many questions about human nature. It guarantees that any who read it will come away filled with both insight and incredulity about the human race.

All of these books are set in a mostly historically accurate backdrop. While they are based on reality, the true art portrayed by their authors is the poeticism and human spirit they add. They add humanity to our memory of these events, and also perspective on similar ones happening right now. These books are a must read for anyone interested in diving into a romantic, moving novel that can teach them something important along the way.



THE THIRD TUMBREI



ENTERTAINMENT

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The Husky Kitchen BY: IVY DEWITTE



We all have had moments where an idea pops into our head, endless thoughts of what you could create with the inspiration of your ambition, and just won't leave us alone until the conception is fulfilled. Today, use that ambition by making these delicious Snickerdoodle Cookies. Valentines is approaching and Cupid is starting to pull his arrow back on the lovers and lovers to be in this world. To create these snickerdoodle cookies with a soft interior and a crisp exterior is like creating a pathway to heaven for both you and your partner. The snickerdoodle dough is rolled gently in the comfort of cinnamon and sugar, and then proceeded to bake at the consummate temperature of 350 degrees. Bake these bad babies in the oven for 8-10 minutes, and then let

them cool. Though the waiting may be a struggle, the waiting is what will help turn these cookies into snickerdoodles with chewiness and still softness. Enjoy your moments with these cookies while you can, because before you know it, they will be gone.

Snickerdoodle Recipe:

- 16 Tbsp or 1 cup of Butter
- 1 ½ cups of Sugar
- 2 large eggs
- 2 tsp of Vanilla Extract
- 2 ¾ cups of Flour
- 1 ½ tsp Cream of Tartar
- ½ teaspoon Baking Soda
- 1 teaspoon of Salt

Cinnamon-Sugar Mixture:

1/4 Cup of Sugar

1 Tbsp of Cinnamon

Instructions:

First, with a mixer, mix together the soft butter with the sugar for 5 minutes. Then add in two eggs, and the Vanilla. In a separate bowl, take and mix the dry ingredients together. Then, combine the dry and wet ingredients into one bowl, and mix for 3 minutes. Once the cookie dough has been created, then stick the dough in the fridge for 30 minutes. While you wait, turn the oven on to 350. Take the dough out after 30 minutes, and hand knead a couple of times. Knead the dough into a ball, and then roll it into the cinnamon sugar mix. Roll gently until the ball is completely covered with the cinnamon sugar. Roll the ball out flat, and cut out into circular shapes. Add more sugar to the top of the cut dough, and put the dough on a pan with plenty of space from the cookie next to it, so that the cookies do not bake into one another. Lastly bake at 350 for 8-10 minutes, and then let them cool. After they have cooled, enjoy a delicious snickerdoodle cookie!





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A Truman's Romance

BY: MEAGAN BAHAM

Throughout time there have been stories of love, some are legends, and some are true. Each story brings hope to people's hearts, but real love stories are an inspiration. Some people spend their entire life trying to find the right person to make their life a heartening tale. Former president Harry Truman and his wife Bess Wallace had their ups and downs which turned into a beautiful story. Harry was a dirt poor farmer who fell in love with a wealthy girl and the story of their love seems like a fairytale, but it is nothing less than real.

Harry and Bess met in Sunday school when he was six and she was five. Harry was bewitched by her beauty and long curly hair. It was love at first sight and through their 12 years of Sunday school together he fell madly in love with her. He knew that

Bess was the only one for him and that he would marry nobody but her. Sadly, the deep feelings of love were not reciprocated by Bess. They were very young when Harry announced his love for her so she only saw it as puppy love. However, she couldn't be further off from the truth. Harry had a blossoming love for Bess that would last an eternity.

Despite Harry's undying love for Bess, marriage seemed unlikely. Harry was a farmer with no prospect for future success. Meanwhile, Bess had huge potential to become a wealthy aristocrat. Her family was one of the higher standing families in Missouri which put her out of Harry's league. Bess knew her and Harry were from different walks of life so she never gave him any conceptions that she liked him. Occasionally she would let him walk her home, but the closest thing romantically that ever happened between them during high school was when she would let him hold her books.

In 1901, Bess and Harry graduated high school and she never gave him a chance at a relationship. They continued with their separate lives, but then tragedy struck. Harry's family lost almost all the grain they had left on their farm and on top of Harry's family being

poorer than dirt, Bess's family also struck tragedy. In 1903 her father shot himself. Her family was shattered with grief and had to move to Bess's grandparent's house in Colorado. Bess had to take on a lot more responsibility so she could keep her family together. Harry and Bess did not talk during this time, they had a sliver of a connection, but not enough to kindle a relationship.

Harry had family across the street from Bess's grandparent's house. One day he visited his family and they asked if someone could bring a plate back to the Wallace household. Harry missed Bess and he still loved her deeply, so he jumped at the opportunity to visit her. When she answered the door he used his 1910

pickup lines to try to persuade her into a romantic relationship. However, she was not swayed by his charms, but he still visited her after he got turned down. Eventually, on December 31, 1910 Harry wrote Bess a letter. This letter was the catalyst for their relationship. Bess wrote back, and as soon as he could, Harry did the same. Letter after letter they became closer and through all of Harry's efforts they started dating!

Harry had waited ever since Sunday school to be in a relationship with Bess and now it had finally happened. He was eager, excited, and wanted Bess to know how much he loved her. On June 22, 1911 he wrote Bess a letter that almost ended their relationship. The letter was talking about diamonds, love

at first sight, and spending forever together. Bess thought Harry was living in a fairytale, she thought he needed to get his head out of the clouds and slow down. He offered Bess a diamond ring and he was eager to know if she felt the same way. He waited for her long awaited letter to come in the mail, he checked the mail every day, but it never came. He wrote to her again and she finally responded and she rejected him once again.

Harry was heartbroken, but he and Bess continued to write letters to one another. Bess did not push Harry away, it seemed as though she cared about him, but his jump into getting engaged was too much for her. They continued to write to one another, and after getting comfortable, Harry started flirting. He wrote a risky letter to Bess, talking dirty to her, and although this kind of talk was forbidden, he got away with it. Then in November, they were sitting on the porch and Bess told Harry how she felt. She realized if she were to get married and spend the rest of her life with someone it

the rest of her life with someone it would be with Harry. They did not announce their engagement until four years later and on June 28, 1919 they got married! Behind every great man is a great woman. This statement could not be more true for Harry and Bess. Their love seemed like it belonged in a fairy tale. It took a lot longer for Bess to admit she was in love than it took Harry, but he was devoted and willing to wait for her. Once she finally admitted her love she was head over heels for him and was one of the most dedicated wives in history. True love is almost impossible to find, but Harry and Bess found it in one another. They lived their lives happily and did everything not as two separate people, but as one couple.



OPINION

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Contrasting Opinions:

Kyle Rittenhouse



Kyle Rittenhouse: Defender of Liberty

BY: JENNA WOLTHUIS

On May 25, 2020 police officer Derek Chauvin knelt on the neck of George Floyd. After six minutes of being pressed to the ground, Floyd passed away. In the wake of this tragedy a series of riots in the name of Black Lives Matter broke out. Break-ins, destruction of public property, destruction of historical statues, graffiti and much more were all seen in the often violent protests. These protests were still just as destructive three months later and on August 25, 2020, 17 year old Kyle Rittenhouse shot and killed two men and injured one.

Looking at the events of the day, it is clear that Kyle was not in Kenosha to promote violence. Pictures show Kyle scrubbing graffiti off a wall left over from a previous riot. But graffiti was not the worst thing BLM riots left in their wake. Anmol Khindri and his brother were victims of a BLM riot losing their entire car lot, totaling 2.5 million dollars' worth in damage. Kyle came to defend and to prevent more property damage to other businesses like Anmol Khindri's business.

It is also argued that he was not in legal possession of his gun and the people that claim this have clearly not read up on gun laws. It is true that in certain states it is illegal to own and possess a firearm as a minor, however Wisconsin laws state that if the barrel of the gun is longer than 16 inches, it is legal. That is why any gun charges were dismissed at the beginning of the case. Other people claim that Kyle traveled to Kenosha specifically to be there for the riots. That claim is not true, because his father does live in Kenosha. Kyle even worked part time as a lifeguard at a recreational complex in Pleasant Prairie, just a few miles outside of Kenosha.

Kyle Rittenhouse was found to be not guilty on all charges because he was acting in self-defense. He shot and killed Joseph Rosembaum first, after Rosembaum had chased him through a car dealership threatening to kill him. Rittenhouse fired four shots, two to Rosembaum's chest, one to his back, and one to the side of his face. Rosembaum had open cases of domestic abuse, and

had previously been charged with 11 counts of child molestation and inappropriate sexual activity with children. The victims of these acts were boys aged between 9-11 years old.

The second man that was killed was Anthony Huber. Huber also had an impressive criminal record, which includes multiple conducts of domestic abuse, and usage of a dangerous weapon. He threatened to gut his brother like a pig if he didn't clean his room. Huber came at Rittenhouse

Kyle Rittenhouse: Promoter of Violence

BY: FAITH BAKER

On August 25th, 2020, seventeen-year-old Kyle Rittenhouse fatally shot two men and wounded another in a violent Black Lives Matter protest in Kenosha, Wisconsin. Since a not guilty verdict has been reached, nearly a year later, the case cannot be retried, but still there is controversy in the media as to whether the verdict was justified.

The men Kyle Rittenhouse killed and injured that night were Anthony Hurber, Joseph Rosenbaum, and Gaige Grosskreutz who later came back to testify in court. In hindsight we know that his two fatal victims had very intense criminal records. Rosenbaum was arrested when he was 18 for engaging in sexual conduct with 5 preteen boys, and Hurber was arrested for domestic abuse, however Rittenhouse was unaware of these charges when he killed them. When Rittenhouse shot Rosenbaum, Rosenbaum had been chasing him around the parking lot of a car dealership. Rosenbaum threw his medical bag at Rittenhouse and missed, then Rosenbaum charged at Rittenhouse in an attempt to take the gun he was carrying away from him. He was shot three times; in the back, the groin, and in the side of his face. Hurber was just down the street from the dealership and Rittenhouse was now jogging to the Police Station. People were yelling to stop him because they thought Rittenhouse had been an active shooter. Hurber took his skateboard and struck Rittenhouse's shoulder, so Rittenhouse shot him in the chest. In an attempt to stop Rittenhouse, Gaige Grosskruetz ran towards him with his pistol drawn and was shot in the right bicep, which he recovered from. The next day Rittenhouse was charged with reckless homicide and illegal possession of a dangerous weapon.

Rittenhouse pleaded not-guilty and claimed that the shootings were in self-defense. After killing two men, pleading not-guilty would be difficult, but luckily for the defense at-

torneys, the prosecutor presented a poorly planned and weak case. At one point during the prosecutor's presentation, he made a comment on how the defendant (Rittenhouse) had chosen to remain silent when he was arrested, which under the Fifth Amendment everyone has the right to. The judge proceeded to ask the jury to leave so as to not sway their opinions by his frustration at the ridiculous claim. At another point during



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Kyle Rittenhouse: Defender of Liberty

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and hit him over the head with his skateboard, and that is when he shot him. The third man Rittenhouse shot was only injured, and came back to testify in court. Gaige Grosskreutz came at him with a pistol, and in court he admitted that he pointed it at Rittenhouse. Rittenhouse, after having been attacked by two men, saw the gun and in his own self-defense shot Grosskreutz, hitting him in his bicep.

Personally, I find it ironic that people are angry these men were killed. Specifically the liberals, because they are very vocal that rapists deserve

to die. Grosskreutz claims that he was there to help any injured people, and in the trial stated that he never intended to shoot Rittenhouse. He had previously been a paramedic and had followed Rittenhouse to provide medical attention after he heard gunshots.

After Rosembaum, Huber, and Grosskreutz were shot, Rittenhouse turned himself in at the Antioch Police Department, where he was held in the juvenile detention center with a two million dollar bail. He was released from jail on November 20, 2020, and was provided security protection. Rittenhouse was originally charged with first degree reckless homicide, two counts of first degree recklessly endangering safety, two counts of first degree intentional homicide, possession of a dangerous weapon by a person under 18, and failure to comply with an emergency order from state or local government. He was found not guilty on all charges, and the gun possession charge and failure to comply charge were dismissed. These charges however were only part of the many problems Rittenhouse has had and is facing. After the incident, President

Biden publically called him a white supremacist, despite the fact that no person of color was killed, and Kyle has come out and publically stated that he supports BLM and is not a racist. President Biden had no knowledge of the situation, but jumped to conclusions, defaming Rittenhouse and making him a public enemy to any person that supports Black Lives Matter. Rittenhouse is currently suing Biden for this act but, the problems continue. He was planning on attending Arizona State University, but uneducated liberal thinkers have started massive protests to prevent the so called "murderer" from attending their school. Rittenhouse has since changed his plans, but in the current political climate it could be very difficult for him to attend the school of his choice without facing intolerance and hate.

Overall I believe the correct verdict was reached. Rittenhouse was acting in self-defense, and in America that is legal if you fear for your life. I have no pity for the men that were killed, and I find the acts of violent Black Lives Matter protesters in Kenosha unacceptable. As a 17 year old, Rittenhouse probably shouldn't have been there, but at some point some body has to step up to defend against the violence, and Rittenhouse decided to take the call and down at is right.



Kyle Rittenhouse: Promoter of Violence

FROM PG 11

trial, he testified that Rittenhouse's aggression is directed from his love of violent video games, which infuriated the media. Video games have never been proven to have an effect on someone's aggression, so when the prosecution made his claim it was embarrassing. Overall the entire prosecution case was disorganized and all of the prosecutors' claims were weak.

I believe it is important to remember that Rittenhouse did not know these men when he shot them, to me it is pure luck that they were convicted criminals. If they had not been criminals, there would be more outcry against Rittenhouse and the case may have been swayed the other way. Their fate was wrongly decided by a teenage boy who, according to police, "was in Kenosha to resolve whatever conflict was in place." I don't believe that Rosenbaum and Hurber deserved to die by Rittenhouse because of what they had done. I do believe that Rittenhouse was in fear of his life that night and was put into a dangerous position with Rosenbaum, but I also believe that carrying a gun to a riot is attracting unwanted attention, and that Rittenhouse was fully aware of this. Rittenhouse wouldn't have brought a gun to a riot if he didn't intend to shoot someone.

Whether or not his claim of wanting to protect businesses is true, I believe he came to that riot with the intention to use his weapon and kill someone. When he did kill, he was lucky that his victims were who they were, but their loved ones are still suffering because of what he did. The verdict was reached with Rittenhouse being cleared of all charges and declared not guilty. As to whether or not the verdict was unjustified, I am undecided. On one hand, Rittenhouse felt he was in immediate danger and was being chased around by Rosenbaum, but he also took a gun to a riot and ended two peoples' lives, which wasn't his to take. It isn't that taking a gun to a riot should be illegal, but that riots are a dangerous place and it shouldn't be surprising that your life would be in danger if you interacted with one. To some people that may make Rittenhouse sound brave, but for me, seeing as he is underage, I disagree and think his choices were irresponsible. He might have been there to help local businesses like he claims, but Rittenhouse wasn't associated with law enforcement, so to me, Rittenhouse is a vigilante. And that's the point that bothers me the most. If our justice system allows, or in this case, even comes close to encouraging vigilantism, that will have nothing but a negative effect on our society and nation.

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THE SOUL OF SWIMMING

BY: MEAGAN BAHAM

The Sweet Home swimming team has been one of the most successful programs in Sweet Home. Over the last 48 years there has been one man who puts his heart and soul into the program. That man is Coach Peargin; he has been coaching at Sweet Home longer than some Husky coaches have been alive. Over the 48 years Coach Peargin has been coaching, the team has won State seven times and the women's team is competing for their ninth consecutive District Championship. He is planning to finish this year strong with another State title and the odds are in the teams' favor.

Coach Peargin has left a legacy that will outlive any of our lives. Coach Bronson will take over the program after Coach Peargin retires. He has big shoes to fill and he is proud to do so. He explains about Peargin, "It has been an honor and a pleasure to be a part of his storied legacy." It is outstanding that one person could coach at one place for 48 years. The amount of stories Coach Peargin has to share, and wisdom people can gain, by listening is priceless and abundant. Coach Bronson is proud to be a part of his story and has become a better coach and

person from observing what Coach Peargin has to teach.

On the team they have three state champions, seven state competitors, and many promising newcomers. It's no guarantee that the team will win State, but a state title is looking promising. Coach Peargin elaborates about State saying, "Our biggest competitors are Catlin Gable. They are tough, but if any team can beat them it's us." Catlin Gable beat them two years ago at State, but the team is ready to swim their hearts out and get the State title!

Coach Peargin is an inspiration to the entire team. His dedication to the sport motivates the swimmers to give their 100 percent, 100 percent of the time. When people dive into the pool they become family. Chloe Tyler says, "We don't talk much outside of swim season, but the second the season starts everyone feels like family." Only a great leader can create the dynamic of a family and Coach has created a swim family for 48 years. The competition is tough at State, but it takes more than raw speed to win a State title. Effort, support, and talent are all things State champions need and our Huskies have all of them and more!



EQUESTRIAN TRAM

BY: JENNA WOLTHUIS

After a year of missing competitions, the Sweet Home High School Equestrian Team is back in full swing. There are five members on the team, Haley Nunes on Grace, Kailee Pepple on Sugar, Jenna Wolthuis on Twister, Jasmine Bates on Jazzy, and Mark Wolthuis on Honey. The coaches this year are Kristy Pepple and former athlete Caleb Gutierrez.

All athletes are hoping to qualify for the State Competition that will take place in May of 2022. Our seniors all do timed events and each athlete is very competitive. Kailee Pepple is hoping to qualify in three of her events, steer daubing, pole bending, and individual flags. Haley Nunes is hoping to qualify in barrel racing, pole bending, and figure 8. Our third senior, Jenna Wolthuis is hoping to qualify in pole bending.

Each of the team members has been preparing for this season of OHSET by attending clinics, barrel races, playdays, and much more. Each athlete has worked with their horses and some have even trained their horses on patterns all by themselves. Riding horses is not for the faint of heart, but these athletes are scared of nothing and are ready to kick the competition. If you would like to come watch and support the Equestrian Team, their meet dates are February 11-13, March 11-13, and April 22-24 and all are located at the Albany fairgrounds.



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Boys Basketball

BY: FAITH BAKER

This year the Boys Basketball team consists of 34 skillful, and relatively new athletes. Last year there were ten graduating seniors that the team now has to step up and fill in for, which the boys have done a great job doing, particularly with their strong team leaders Eddie Martinez and Russ Holly.

Coach Drew Emmert has been leading the varsity team of twelve with assistance from Coach Adams. The junior varsity team has eight athletes, being led by Coach Colton Emmert, and the second junior varsity team is being led by Coach Kauffman. The varsity team is at a current win-to-loss ratio of 2-8 but are showing great improvement, with a few notable athletes who have been recognized for their talent. This includes the varsity captains, Holly who leads in points, and Martinez in assists. In addition, Coach Emmert mentioned Von James and Nathan Aker, who are "playing posts for us and doing a good job."

The team had been competing in pre-season games until January 7th when they began the games that will determine whether or not they get to compete at State. They lost the game against Woodbury, but hopefully the boys will be able to overcome that and continue on. The season will end in late February with their last game currently scheduled for the 22nd. We continue to wish them the best of luck, and be sure to show them your Husky pride by attending games when you can, following the COVID safety guidelines.



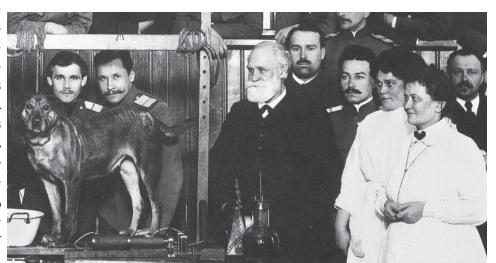
Ivan Pavlov's Dogs

FROM PG 7

and the body surface, or between two hollow or tubular organs", in the esophagus and stomach of many dogs, he could collect uncontaminated gastric juices directly from the source. The fistulas allowed the dogs to eat, and therefore salivate and create gastric juices, but before the food made it to the stomach, it

would fall out of the dog's throat. The dogs could eat for hours without becoming full; which generated a lot of gastric juice. The gastric juices Pavlov sold were a remedy for indigestion. The chemical in gastric juices, pepsin, relieved indigestion, but food and saliva reduced the effect of the pepsin, which is why the gastric juices needed to be uncontaminated. The dogs had to be fed of course, as Pavlov believed in keeping them alive to get more use out of them, rather than killing them after an experiment like many scientists did at the time. In order for the dogs to get any nourishment, they had fluids directly put into their stomachs through the fistulas in their bellies. Pavlov began studying psychological distress and trauma in dogs in 1914. He started with shocking a dog's hip when it ate, which led to it salivating when shocked. Then later on, other body parts would be shocked causing the dog to become distressed. Eventually, the dogs began to show aggression and shut down. Dogs who were normally quiet would begin to whine and struggle in their stands. That was taken even further when Pavlov intentionally induced stress in dogs who had been in a tragic event. The dogs were locked in their kennels when a flood occurred in 1924 and reached the lab basement. The dogs spent hours trapped in their kennels while the freezing water rose around them. Finally, the lab assistants came to help the dogs. To get them out of their kennels, the dogs had to be submerged underwater then pulled out through their kennel door and forced to swim to the main laboratory. The dogs did not understand that the humans were helping them, which lead to trauma, and the mental and physical exhaustion they experienced led the dogs to forget their conditioned reflexes and even ignore their natural instincts. They no longer salivated when they heard a buzzer or a metronome, no longer played together, refused to eat, and began to fear the lab assistants they

once looked to for sustenance. Pavlov did not understand why the dogs were shutting down and avoided nearly all stimulus. In an effort to bring out their normal behaviors, he starved them for three days, but it did not work. The dogs were still traumatized. Eventually, Pavlov found a way to bring back the dogs' normal behaviors by inducing small amounts of stress that pushed the dogs toward their natural instincts. The same process that used to help the dogs overcome their fear and stress was found to also work on humans. These experiments and discoveries, among many, led Pavlov to becoming a renowned scientist, eventually winning the Nobel Prize in physiology in 1904, and the continuation of his scientific career. As a scientist, this man made many breakthroughs, despite his ethics and how he treated dogs. However, if it was not for Ivan Pavlov, behavioral psychology and the physiology of digestion may not be as advanced as it is today.



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Cheerleading

No matter how long the girls have been on the cheer team, some for as much as twelve and others for as much as one year, they all get along great and say that the team is like family. TarahMae Meadors remarked, "Sometimes we get along a little too much and have lots of laughing and giggling during practices. I've never been a part of a team

with this little drama before and it makes the season so fun."

Due to the current world situation, the cheer season has had its ups and downs with lots of last minute changes and quarantines, but the team has learned to adapt to these challenges and continues to have fun. The Sweet Home High School cheer team has already gone to All-State and hosted competition at the high school. The team doesn't really know

what to expect out of this

year due to the circumstance. A lot of teams are short on cheerleaders and have to compete on lower levels due to this, so there isn't a whole lot of competition. Still, the SHHS cheer team hopes to do well this year and make all Sweet Home Huskies proud.





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Girls Basketball

BY: FAITH BAKER

The Girls Basketball team is off to an astounding start; they have now begun their league season after a very successful pre-season where they won four of their six games. Coach Michelle Knight is very optimistic about the upcoming season and we're all very excited to see if the girls make it to State.

They have a six-person varsity team with Madison Duncan who swings junior varsity to varsity. One of the big reasons why these girls work so well together is how well they cooperate and communicate, making the team stronger and lifting all players to their fullest potential. Coach Knight has taken recognition of this, stating that, "the group that we have is very supportive of each other and it's a

really healthy environment. They're good to each other, good for each other, and it's a really great sisterhood."

In addition to their team performance, Brooke Burke leads in points and Adaira Sleutel leads in rebounds, Coach Knight mentioned that, "they started off maybe a little inexperienced and unsure, but they stepped up and it's been awesome." Overcoming the challenges of having a small team has been difficult, but their pre-season scores speak for themselves.

The girls are only half-way through their season and we can't wait to see the rest. Based on their previous games, State looks like it's within their grasp. Good luck to the SHHS Girls' Basketball team, and be sure to support them and watch when you can!



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SWEET HOME WRESTLING

BY: IVY DEWITTE

We have just entered into the New Year, 2022. The typical approach to the New Year is a "new me", but this does not apply to Sweet Home Wrestling. With Sweet Home being one of the best Wrestling programs in the state, there is no changing who the wrestlers are, but instead how they perform. Steve Thorpe speaks of how the past couple of years have been different, with Covid. "There were restrictions, different school sched-

ules, and it was summer! It was a different feeling than what we were used to, but this year seems to be more normal." Well... almost. On top of Covid, there has been dramatic amount of new Wrestlers on the team. "It is going well, and there are a wide range of abilities. I am impressed with how we have handled wrestling with Covid." Not only

are there more new people, but for the first time in Sweet Home Wrestling, there is a Women's team.

The closest to a full Woman's team was 7 a few years ago, but for the first time there is a full team lineup. "I tell you, the attitudes and the work ethics of our girls' team, compared to last year with only 5 and having most of them experienced, is surprising. Especially with most of the girls being brand new. I didn't expect them to be so resilient and want to come back to train and be determined to get better." Steve Thorpe states that his goal for the women is 3rd in State, and for the men to come home with a State Championship. The goals have been set high, but the team leaders for Sweet Home's Woman Wrestling have set it even higher.

"I think we have a high probability for State, last year we got 2nd with a team of 4 girls. Thurston has the longest running streak of State Championships for women, and though they have some good women wrestlers, it is just their numbers that get them to the top. With 14 girls on the team and seeing the success so far, I am betting we win State this year." Kami Hart explained. Paige Chafin agrees with the idea of women being able to make it to State. "There has been a higher expectation for our women's team; we are being pushed to succeed. The majority of the girls will qualify for State, especially with numbers and being the top team in the state, we definitely can earn a state title." With this being the senior year for both Kami and Paige, they have earned their spot of being not only one of the most experienced wrestlers on the team, but also the most experi-

enced from the women's team. These two ladies put their time and effort into our wrestlers, making sure to mold them into the best outcome possible, and constantly set a great role model. With such great power comes great responsibility. It is not easy being an experienced wrestler and having to sit back a bit to teach those who are not quite at your level yet, but they never show any frustration and give their all

to the new wrestlers. As Paige said, "Give these people a reason to remember your name."

The women's wrestling team is determined to win, but so are the men. That's why their standards are set so high. The men seek to win a State Championship, and with their hard work, and determination to do so, it is more than likely

to occur. The men's attitude with women wrestling has been very positive, and is always set at a professional level. At the end of the day, the men wrestlers and the woman wrestlers are all simply wrestlers, and that the team is seen as family. The work put in from both teams affects the team as a whole. As Thorpe constantly reminds his wrestlers, "Notice how I

treat the men and the women equally." Everything done in practice, is together.

As the wrestling teams come together to compete, the Sweet Home Huskies are ready to defeat their opponents. Cheer on your fellow student athletes and remind them of how lucky they are to be at Sweet Home High School. Kami Hart spoke for the entire team, "Be ready to compete and kick some butt!"



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