

March 2020 Menu FOR Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
2 Dr. Suess Day! "Fritz Fed Fred" Chicken Sandwiches Red Green Salad Bar	3 Soft Tacos 	4 Hop on Pop! Cheesy Breadsticks With Dipping Sauce	5 Asian Chicken & Not Fried Rice Fortune Cookie	6 BBQ Pulled Pork On a bun Or Toasty Soft Cheesy Bun Ranger cookies
9 Chicken Nuggets 	10 Rotini Noodles with Meat sauce And Garlic Toast Or Bean Cheese Burrito	11 One Fish Two Fish Sticks (4) Or Mini Corn Dogs 	12 Sausage Dogs Or Green Eggs n Ham! With a muffin.... 	13 NOOK HOOK COOK BOOK Hot Dog In a bun Rub-a-Tub Cup Cake
16 Chicken Drumstick + Biscuit with Strawberry Jam! 	17 Nachos 	18 PBJ Uncrustable & Cheese Stick Or Turkey Cheese Flatbread Cheezits! For All	19 Turkey In Gravy Over Mashed Potatoes Dinner Roll	20 Who-Roast Beef Stroganoff Noodle Bake Or Corn Dog Chocolate Cupcake
23 <div style="border: 1px solid black; padding: 5px;"> **USDA and SWEET HOME SCHOOL DISTRICT are equal opportunity providers and employers. </div>	24 	25 Spring Break... No School this week!...		26 NO School!!
30 Chicken Tenders & BBQ Beans Potato Salad	31 Teriyaki Dippers & Asian Rice (this is one meal)	LUNCH PRICES: Elem—FREE/2nd meal—\$2.20 Adult—\$3.70 Reduced...\$.40 Breakfast...No Charge!!!! To all students Extra milk—.40		Featuring <i>Oregon grass fed beef</i> on March 20th.... Paid for by Oregon Farm to School grant that pays for Oregon grown or processed foods.

Sweet Home School District 55 March 2—Dr. Suss Day



FREE BREAKFAST & LUNCH FOR ALL ELEMENTARY STUDENTS IN SWEET HOME SCHOOL DISTRICT. This year Sweet Home School District Elementary schools are qualified to participate in a new program funded by USDA called the **Community Eligibility Program**. There is no application necessary for your elementary age children.

Extra Milk may be purchased for .40 cents. However an inexpensive alternative for those that prefer to pack their own lunches: Encourage your student to go to the salad bar, select a fruit and a vegetable along with milk. This constitutes a reimbursable lunch and makes your milk and other items free. Because we are operating as Offer vs Serve, students are only required to take 3 of the 5 items offered to make a reimbursable lunch.



Salad Bar with Fresh Fruits and Vegetables offered everyday!
Required: Each plate must have at least 1/2 cup of fruit or 1/2 cup vegetable, or a combination of 1/4 cup fruit & 1/4 cup vegetable to make it a reimbursable meal.

- Snack Attack!**
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- Applesauce Cup & Graham cracker dippers ~~~
  - Whole grain crackers with nut butter... ~~~
  - Celery with peanut butter & raisins... ~~~
  - Apple slices & string cheese... ~~~
  - Hard boiled eggs with salt & pepper.. ~~~
  - Fresh fruit & cottage cheese... ~~~

**AVAILABILITY**  
 WE MAKE EVERY EFFORT TO HAVE ALL MENUED ITEMS AVAILABLE EACH DAY. However, due to forecasting, cost controls, & efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not receive their desired item, they can ask for an alternate choice. We apologize for the inconvenience.

Fresh and /or canned fruits and fresh vegetables are available each day, along with a variety of low fat or non fat milk.

Please note that when following the Traditional Meal Pattern, 5 food items will be offered: meat or meat alternative; liquid milk; grains/bread; and 1 serving each of vegetables and fruit.

With Offer vs. Serve, each child must select at least 3 of the 5 items to make a reimbursable meal. One item selected must be at least 1/2 cup fruit/vegetable.

Please note that we are required to serve 51% whole grain rich breads and pastas this school year. We continue to eliminate foods containing trans fats and high fructose syrup. Our menu changes comply with USDA regulations such as lower sodium content and serving vegetable subgroups.

**THIS MENU IS SUBJECT TO CHANGE, DEPENDING UPON AVAILABILITY OF MENU ITEMS.**