

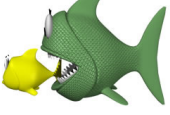



June 18 MENU FOR Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
 IT'S SUMMER!		Join Me For Lunch 		1 PBJ Uncrustable + Cheese Stick Or Turkey Stick, Crackers + Cheese Stick
4 Chicken Chunks + Blueberry Muffin	5 Soft Tacos Fiesta Salad Bar	6 Local PBJ Day! PBJ Uncrustable Or The Real PBJ String Cheese + WG Crackers	7 Sweet n Sour Chicken + Asian Rice Fortune Cookie	8 Corn Dog or Turkey Stuffing Bake Cooks Choice Dessert
11 Chicken Sandwich	12 Mini Pizzas Ice Cream Cup	13 Last day.... Nachos Cookies	14	15

****USDA and SWEET HOME SCHOOL DISTRICT are equal opportunity providers and employers.**

Summer Lunch!!! Kids! Check it out... Ride or walk to these sites for FREE Lunch!

beginning June 20, 2019 and continue through August 24, 2018
 Lunch service times for the 3 sites below: 11:45 am to 12:15 pm
 Sweet Home High School, 1641 Long Street, Sweet Home, Or
 Breakfast served 9:00—9:30am
 Hawthorne Elementary, 3205 E. Long Street, Sweet Home, Or
 Oak Heights Elementary, 610 Elm Street, Sweet Home, Or
 *Pleasant Valley Little Promises, 28028 Pleasant Valley Rd., SH
 Lunch served 11:30am-12:30pm
 Breakfast served 8:30-9:30am
 Lunch service times for the 3 sites below: 12:30—1:00 pm
 Ashbrook Park, 28th Ave & Juniper St., Sweet Home, Or
 Northside Park 11th Ave & Redwood St. Sweet Home, Or
 Skate Park, 1920 Long Street, Sweet Home, Or
 Foster Elementary, Foster Ore 11:00—11:30am

Adults may purchase a meal at these meal sites for \$2.50 and eat lunch with their kids!!!



Sweet Home School District 55 June 13- Last Day of School!



LUNCH PRICES:
 Elem—FREE/2nd meal—\$2.20
 J.H..... \$2.45
 H.S..... \$2.70
 Adult—\$3.70
 Reduced..... FREE

Salad Bar with Fresh Fruits and Vegetables offered everyday!
 Required: Each plate must have at least 1/2 cup of fruit or 1/2 cup vegetable, or a combination of fruit & vegetables equaling 1/2 cup to make it a reimbursable meal.

FREE BREAKFAST & LUNCH FOR ALL ELEMENTARY STUDENTS IN SWEET HOME SCHOOL DISTRICT. This year Sweet Home School District Elementary schools are qualified to participate in a new program funded by USDA called the Community Eligibility Program. There is no application necessary for your elementary age children.
 Extra Milk may be purchased for .40 cents. However an inexpensive alternative for those that prefer to pack their own lunches: Encourage your student to go to the salad bar, select a fruit and a vegetable along with milk. This constitutes a reimbursable lunch and makes your milk and other items free.
 Because we are operating as Offer vs Serve, students are only required to take 3 of the 5 items offered to make a reimbursable lunch.

AVAILABILITY
 WE MAKE EVERY EFFORT TO HAVE ALL MENUED ITEMS AVAILABLE EACH DAY. However, due to forecasting, cost controls, & efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not receive their desired item, they can ask for an alternate choice. We apologize for the inconvenience.
 Fresh and/or canned fruits and fresh vegetables are available each day, along with a variety of low fat or non fat milk.
 Please note that when following the Traditional Meal Pattern, 5 food items will be offered: meat or meat alternative; liquid milk; grains/bread; and 1 serving each of vegetables and fruit.
 With Offer vs. Serve, each child must select at least 3 of the 5 items to make a reimbursable meal. One item selected must be at least 1/2 cup fruit/vegetable.
 Please note that we are required to serve 51% whole grain rich breads and pastas this school year. We continue to eliminate foods containing trans fats and high fructose syrup. Our menu changes comply with USDA regulations such as lower sodium content and serving vegetable subgroups.
THIS MENU IS SUBJECT TO CHANGE, DEPENDING UPON AVAILABILITY.

Good & Good for You!!! Water!

Don't forget to drink your water this summer... Especially on hot days. Carry a water bottle on your bicycle with you, or in your back pack`
Live Healthy!
 ...
Fresh Fruits + Vegetables....
 Take advantage of the summer growing season... Fill up on vegetables, melons & berries.. Make a Smoothie in the blender with fruit, yogurt, & ice . Splash in vanilla & honey to taste...

